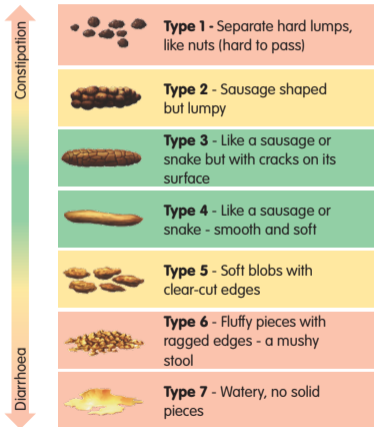


# The Bristol Stool

## Form Scale



● Normal<sup>1</sup>

● Abnormal<sup>1</sup>

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The Bristol Stool Form Scale was developed by researchers at the University of Bristol as a means to evaluate stool form and to identify whether there is a correlation between stool form and intestinal transit time. <sup>2</sup> It remains in use as a simple way for patients and physicians to identify stool form and abnormal bowel behaviour

### References

1. Heaton KW, *et al.* How bad are the symptoms and bowel dysfunction of patients with the irritable bowel syndrome? A prospective, controlled study with emphasis on stool form. *Gut* 1991; 32: 73–79.
2. Lewis SJ, Heaton KW. Stool form scale as a useful guide to intestinal transit time. *Scand J Gastroenterol* 1997; 32: 920–924.

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